



## **OSHA 300 LOG INFORMATION**

**Utah and federal OSHA Regulations require employers with more than 10 employees complete and maintain a log of recordable on-the-job injuries and illnesses.**

**This Claim may require entry onto the OSHA 300 Log if the injury/illness results in:**

- 1. A death. Or;**
- 2. Lost time is in excess of one full day (the day of the accident and the first day back to work do not count). Or;**
- 3. Medical treatment by a physician other than what is considered First Aid. Or;**
- 4. Restricted work activity (LIGHT DUTY). Or;**
- 5. A job transfer due to the injury/illness. Or;**
- 6. Any Loss of Consciousness.**

**Injured Worker's Name:** \_\_\_\_\_

**Date of the Accident:** \_\_\_\_\_

### **Attention: Supervisors and Managers.**

**If this claim meets one of the above requirements, it should be posted on your Company's OSHA 300 Log.**

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